

Test-Taking Strategies



World of MCQ

- Approx. >120 MCQ exams
- >90% fails at some point - it happens
- Test-taking skills + knowledge = performance

Tips during an exam

- Pacing
 - 60s/q? - 90s/q?
 - Time management is important
- Guessing
 - No penalty
 - Guess something you are familiar with
- Changing your answer
 - “First hunch”

General techniques – Question

- Read the question and answers thoroughly
- Mark and skip those questions which are difficult
- Exclude the alternative(s) you are certain is wrong, and answer the alternative you are certain is correct
- On review: base your decision on percentages of certainty

Test-wise techniques

The correct alternative is an?



- a) apple
- b) car
- c) vegetable
- d) bus

Test-wise techniques

- Grammar
 - Article

What is the correct physiological percentages of lymphocytes in blood?

a) 20%

b) 25%

c) 30%

➡ d) All of the above

Test-wise techniques

- Grammar
 - Article
 - Plural / singular
- All of the above

Which of the following is true about nerve fibers?

- a) Postganglionic sympathetic fibers are always unmyelinated
- b) Nerve fibers are always associated with more than one other nerve fiber
- c) Nerve fibers are often found in bundles within a loose/delicate connective tissue layer called endoneurium which itself is covered by perineurium to make nerve fascicles which are suspended in the perineural layer which itself is covered by a layer of irregular dense connective tissue layer called epineurium
- d) Nerve fibers always innervate more than ten muscle fibers

Test-wise techniques

- Grammar
 - Article
 - Plural / singular
- All of the above
- Absolute vs probable statements
- Longest answer

Test-wise techniques

Which statement is true about the lingual nerve?

a) It carries sensory innervation to posterior 1/3 of tongue



b) It goes lateral to the hyoglossus muscle



c) It goes medial to the hyoglossus muscle

d) It's extremely yellow in reality compared to pictures in thieme

atlas

Test-wise techniques

- Grammar
 - Article
 - Plural / singular
- All of the above (especially if more than one option is probably true)
- Absolute vs probable statements
- Longest answer
- Alternative excludes other alternatives
- No clue: answer might be hidden in the middle

Test-wise techniques

During ethanol metabolism, hydrogen molecules are removed to produce acetaldehyde. What kind of chemical reaction is this?

a) Acetylation

b) Reduction

➡ c) Dehydrogenation

d) Phosphorylation

Test-wise techniques

- Grammar
 - Article
 - Plural / singular
- All of the above (especially if more than one option is probably true)
- Absolute vs probable statements
- Longest answer
- Alternative excludes other alternatives
- No clue: answer might be hidden in the middle
- Answer might be hidden in the question

UWAGA

- EXCEPT / not

- Which of the following muscles is not a part of the rotator cuff group?
 - a) Teres major
 - b) Teres minor
 - c) Infraspinatus
 - d) Supraspinatus

- Logical absurdities

- What is the most logical answer?
 - a) Krakow is in Poland
 - b) Anatomy is a part of the first year curriculum
 - c) Prof. have a lot of power
 - d) None of the above
 - e) All of the above

- Time

To wrap up

- Be prepared – Read a lot
- Don't panic
- Read questions carefully
 - Pay attention to any hints or clues for test-wise techniques
 - Pay attention to logical absurdities and UWAGA's